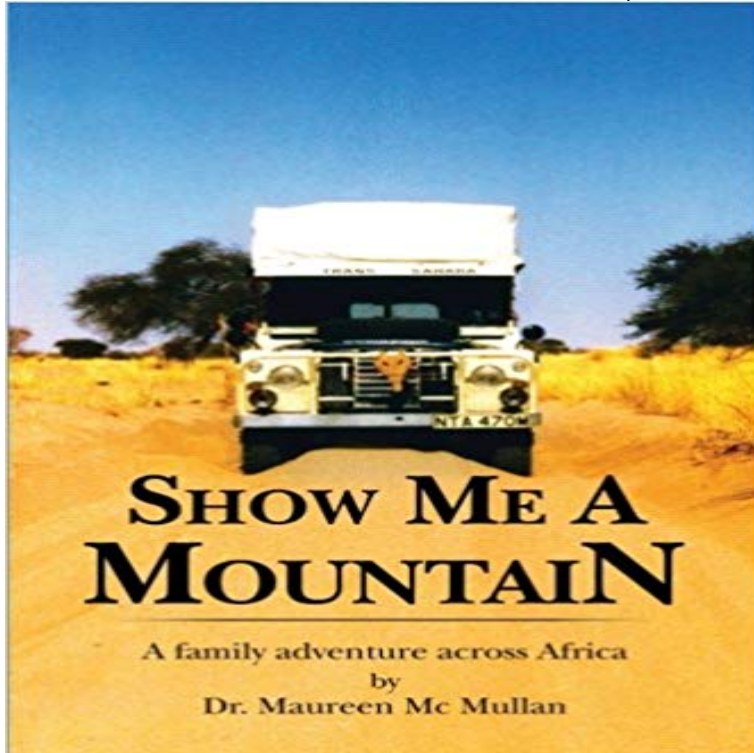


Show Me A Mountain: A family adventure across Africa



This is the true story of an epic family expedition across Africa. To cross the Sahara in the early seventies presented many problems in connection with the supply of fuel and water, apart from some security issues; to do so alone without joining a convoy as recommended and without modern navigation aids was an added risk; to do so with three young children, some of the Press regarded as plain foolhardy. The family, consisting of Doctor Maureen Mc Mullan, her husband David and three children; Peter 12, Sean 10 and Sarah Jane 8 as well as a friend of Maureens, Doctor Susan Cole who helped enormously to cope with the burden of daily domestic chores in such an expedition. Many of the dreaded things did in fact happen during this adventure. They did run out of fuel in the Sahara, their Land Rover only returning seven miles to the gallon. Their water containers were stolen at night. Sean was nearly killed when he was working under the Land Rover and one of the jacks slipped and David was captured by a lone army patrol in the jungle in the Central African Republic. Finally the entire expedition was nearly lost when, in the dark, the vehicle stopped only a few feet from plunging down a slope into the fast flowing Congo River. To complete this ten thousand mile journey, starting in Kent and finishing on the edge of the Indian Ocean, without a really disastrous mishap was the result of careful planning and some luck. To bring her family finally to the coast in Kenya safe, fit and well was a tribute to Maureen Mc Mullan and her extraordinary determination and strength of will. It must stand out as one of the most courageous and successful family expeditions ever to cross Africa. To uproot and entire family and take it through such an experience required a leader with truly special qualities. Maureen Mc Mullan certainly had those qualities.

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